### Purpose

Full pots can often weight upwards of 150lbs and must be handled carefully to prevent injury. The purpose of this procedure is to aid in safe handling of pots after hauling.

### Responsibilities

* Master – Ensure this procedure is carried out as written and to make any changes needed to this procedure to ensure the safety of the crew.
* Crew – Follow the procedure below at the direction of the vessel master.

### Procedure

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| **Step** | **Handling Pots** |
| **1.** | Wait for pots to be lowered onto the deck before grabbing onto them. Let the machinery do the work for you.  |
| **2.** | Assess the weight of a pot before dumping it and ask for help when lifting excessively heavy loads.  |
| **3.** | Lift with your legs, keep your back straight and keep the load close to your body.  |
| **4.** | Avoid twisting at the hip while holding a heavy load.  |
| **5.** | Wear gloves at all times to protect your hands from injury.  |
| **6.** | Stack empty pots and secure them in such a way that they will not fall onto the deck if the vessels leans. |
| **7.** | Keep an eye on ropes and where they are in relation to your workspace.  |